



HARVARD MEDICAL SCHOOL

Register by December 15, 2016 to save \$100

Updates in **General Internal Medicine for Specialists**

**January 23-27, 2017
Boston, Massachusetts**

The Fairmont Copley Plaza

Earn up to:

- 36.50 AMA PRA Category 1 Credits™
- 36.00 Prescribed credits by the AAFP
- 5.00 credits of Risk Management Study

Specialists can rely on this program for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care

This program is among the highest-rated Harvard Medical School CME courses

Under the direction of
John D. Goodson, MD



MASSACHUSETTS
GENERAL HOSPITAL

Jane S. Sillman, MD



BRIGHAM AND
WOMEN'S HOSPITAL

Updates for:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Guidelines and management strategies for diabetes, heart disease, lipid disorders, hypertension, chronic lung disease, osteoporosis, sleep disorders, cognitive decline, obesity, chronic pain, dermatology
- Evidence-based goals for disease prevention and health promotion
- Current controversies in screening
- Interventional therapies in cardiology and vascular medicine
- Professionalism in patient care

Register at GIMS.HMSCME.com

Course Overview

COURSE DIRECTORS



John D. Goodson, MD

Associate Professor of Medicine, Harvard Medical School, and Physician, Massachusetts General Hospital, works daily in primary care. Dr. Goodson is renowned as a teacher, an advocate and an innovator of primary care medicine. He is a founder of the John D. Stoeckle Center for Primary Care Innovation and leads national efforts to improve the work experience for primary care clinicians.



MASSACHUSETTS
GENERAL HOSPITAL



Jane S. Sillman, MD

Assistant Professor of Medicine, Harvard Medical School; Director Emerita of Medical Residency Ambulatory Education, Brigham and Women's Hospital.



BRIGHAM AND
WOMEN'S HOSPITAL



HARVARD
MEDICAL SCHOOL

Dear Colleague,

We understand that as a specialist, you must keep your knowledge of general medicine current, especially within clinical areas of importance outside of your chosen field. Whether you are a psychiatrist or pathologist, cardiologist or rheumatologist, surgeon or hospitalist, you can rely on this course for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care.

We have designed the curriculum for General Internal Medicine for Specialists to provide broad and inclusive content ranging from clinical controversies to specific new and innovative therapies.

In this program, we will be providing updates in several areas including:

- Potential interactions between the drugs you prescribe and those prescribed by others
- Recommendations and management strategies for hypertension, hypercholesterolemia, diabetes, ischemic heart disease, memory loss, sleep disorders, stroke management, anemia, anticoagulant use, and other conditions
- New goals for disease prevention and health promotion
- Current controversies in screening
- Interventional therapies in cardiology and vascular medicine
- Collaboration and synergy in patient care for a wide variety of common situations
- Breast cancer: Current approaches to diagnosis and treatment

Together with Harvard's leading clinical faculty — representing more than 30 fields of medicine — we have created an educational program expressly for specialists. The updates are relevant, and delivered by faculty who succinctly and effectively summarize information and couple it with recommendations for incorporating it into practice.

We hope you will join us.

Handwritten signatures of John D. Goodson and Jane S. Sillman in blue ink.

John D. Goodson, MD and Jane S. Sillman, MD

Co-Directors, Updates in General Internal Medicine for Specialists

Reasons to Attend in 2017

► Enhance and update your knowledge of general internal medicine

Whatever your specialty, you need a working knowledge of current internal medicine practice standards, an understanding of treatments and interactions, and a familiarity with the work of your colleagues. Designed to meet the needs of the full range of specialists, *General Internal Medicine for Specialists* provides focused updates, and covers a vast amount of information efficiently and effectively.

► The 2017 program provides updates for:

- Ischemic heart disease
- Antibiotic use in office practice
- Reducing fractures
- Stroke
- Chronic obstructive lung disease
- Diabetes management
- Women's health
- Anticoagulation
- Endocrinology
- Neurology
- Cognitive decline
- Preoperative evaluation
- Congestive heart failure
- Common eye problems
- Diseases of the foregut
- Lower back pain
- Breast cancer
- Differential dx of polyarthritis
- Cost-effective radiology
- IBS and IBD
- Lipid management
- Dermatology
- Osteoporosis management
- Asthma
- Renal medicine
- Anemia
- Basic orthopedics
- Antiplatelet agents
- Sleep disorders
- ENT
- Managing obesity
- Headaches
- Allergy medicine
- Thyroid problems
- Hypertension
- Cancer screening
- Pain management
- NAFLD

► Elevate your practice with state-of-the-art advances and recommendations

You will take home relevant, up-to-date, and evidence-based strategies and tools to improve your patient care.

► Learn from the best clinical faculty at Harvard Medical School

Our program is led by current, expert practitioners and committed teachers, each with significant experience both in the care of patients and in presenting to colleagues.

Harvard Medical School Faculty

Jessica R. Allegretti, MD, MPH
Instructor in Medicine

Meridale V. Baggett, MD
Assistant Professor of Medicine

Matt T. Bianchi, MD, PhD
Assistant Professor of Neurology

Joanne Borg-Stein, MD
*Associate Professor of Physical
Medicine and Rehabilitation*

Rebecca C. Burch, MD
Instructor in Neurology

Sanjiv Chopra, MD, MACP
Professor of Medicine

Gilbert H. Daniels, MD
Professor of Medicine

Akshay S. Desai, MD
Associate Professor of Medicine

Christopher H. Fanta, MD
Professor of Medicine

Robert P. Friday, MD, PhD
Instructor in Medicine

John D. Goodson, MD
Associate Professor of Medicine

Galen V. Henderson, MD
Assistant Professor of Neurology

Eric M. Isselbacher, MD
Associate Professor of Medicine

Kunal Jajoo, MD
Assistant Professor of Medicine

Ramin Khorasani, MD, MPH
Professor of Radiology

Scott Kinlay, MBBS, PhD
Associate Professor of Medicine

Daniela Kroshinsky, MD, MPH
Associate Professor of Dermatology

Nancy B. Kurtz, MD
Instructor in Medicine

James A. MacLean, MD
Assistant Professor of Medicine, Part-time

David M. Nathan, MD
Professor of Medicine

J. Carl Pallais, MD, MPH
Assistant Professor of Medicine

Claudia U. Richter, MD
Instructor in Ophthalmology, Part-time

Rachel P. Rosovsky, MD
Instructor in Medicine

Martin A. Samuels, MD
*Miriam Sydney Joseph Professor of
Neurology*

Paul E. Sax, MD
Professor of Medicine

Jane S. Sillman, MD
Assistant Professor of Medicine

Barbara L. Smith, MD, PhD
Associate Professor of Surgery

David J. R. Steele, MD
Assistant Professor of Medicine

Lisa B. Weissmann, MD
Assistant Professor of Medicine

Guest Faculty

Andrew E. Budson, MD
*Professor of Neurology, Boston
University School of Medicine*

Thomas J. Gill, MD
*Chairman, Department of Orthopedics,
St. Elizabeth's Medical Center; Director,
Boston Sports Medicine and Research
Institute*

R. William Mason, MD
*Boston University School of Medicine;
Otolaryngology, Department of
Surgery, Faulkner Hospital*

Learning Objectives

Upon completion of this activity, participants will be able to:

- Discuss treatments and interventions provided by primary care internal medicine and specialist physicians.
- Anticipate side effects from therapies prescribed by colleagues in other disciplines.
- Develop response strategies for important medication interactions.
- Assess the added value of new diagnostic tests, specifically their sensitivity, specificity and predictive values, both positive and negative.
- Review current guidelines, diagnostic recommendations, and management strategies for diabetes, hypertension and hypercholesterolemia, ischemic heart disease, memory loss, pain, sleep disorders, stroke management, anemia, anticoagulant use and many other specific conditions.
- Assess the relative efficacy and cross-specialty implications of innovative therapies used in a broad spectrum of specialties.
- Identify current disease-prevention, screening, and health-promotion goals.
- Design more effective treatment plans based on a refreshed understanding of the newest and most effective interventions offered by your specialty colleagues.
- Develop pain treatment plans in specific clinical situations, such as low back pain, headache, and chronic pain from any number of conditions, including patient management strategies, and the appropriate use of all modalities and medications, including opioids and marijuana.



Educational Impact

The quality of presentations, the brilliant young presenters, the brilliant seasoned doctors make this program exceptional.

My clinical decisions are much more informed about the treatment of hypertension, hyperlipidemia and anticoagulation.

I am a medical oncologist, and am grateful for the significant coverage of how my treatments interact with my patients' other medical conditions.

I now up-titrate doses to achieve therapeutic efficacy and reduce polypharmacy.

In my psychiatry practice, I now use a cardiovascular risk calculator before prescribing atypical antipsychotics.

As an anesthesiologist, the updated regimens and drug information are very useful in my day-to-day practice.

After this course, I reduced the use of PPI, antibiotics, and pain meds, and now follow guidelines more closely for heart disease, cancer, and GI issues.

I thought the cardiac (CHF, CAD, lipid management) lectures in particular were supreme distillations of current evidence and trials, providing this surgeon with an understanding of the current state of the art and science.

I loved the presentations ... they allowed me to connect with the pure joy that I still feel when I think about being in med school and the wonder I still feel about being a doctor.

I was brought up to date on new approaches, reminding me of practice parameters outside of my area of expertise that I'd forgotten and giving me new insights into how to help my patients.

Agenda

	Monday, January 23	Tuesday, January 24
7:00 am – 7:30 am	Registration and Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am	Welcome [†] John D. Goodson, MD	
8:00 am – 9:00 am	Ischemic Heart Disease Eric M. Isselbacher, MD	Update in Renal Medicine David J. R. Steele, MD
9:00 am – 10:00 am	Diseases of the Colon: IBS and IBD Jessica R. Allegretti, MD, MPH	Diabetes Management David M. Nathan, MD
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Antibiotic Use in Office Practice Paul E. Sax, MD	Women's Health: Managing Menopause Jane S. Sillman, MD
11:15 am – 12:15 pm	Lipid Management Scott Kinlay, MBBS, PhD	Common Dermatologic Problems Daniela Kroshinsky, MD, MPH
12:15 pm – 1:30 pm	<i>Lunch Break</i>	
1:30 pm – 2:30 pm	The Neurological Exam Martin A. Samuels, MD	Cost-Effective Radiology: What Specialists Should Now Know Ramin Khorasani, MD, MPH
2:30 pm – 3:30 pm	Stroke Galen V. Henderson, MD	New Anticoagulants and Antiplatelet Agents Rachel P. Rosovsky, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	New Practices for Managing Osteoporosis and Reducing Fractures John D. Goodson, MD	Update on Congestive Heart Failure Akshay S. Desai, MD
4:45 pm – 5:45 pm	Asthma and Chronic Obstructive Lung Diseases Christopher H. Fanta, MD	Current Approaches to Anemia Lisa B. Weissmann, MD

[†] Includes CME instructions

Be our guest
at 5:45 for a course reception



Register at GIMS.HMSCME.com

Agenda

	Wednesday, January 25	Thursday, January 26
7:00 am – 7:30 am	Continental Breakfast	Continental Breakfast
7:30 am – 8:00 am		
8:00 am – 9:00 am	Sleep Disorders Matt T. Bianchi, MD, PhD	Modern Doctoring: Disease Prevention and Health Promotion* John D. Goodson, MD
9:00 am – 10:00 am	Cognitive Decline Andrew E. Budson, MD	Case Studies in Endocrinology J. Carl Pallais, MD, MPH
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Managing Obesity Jane S. Sillman, MD	Updates in Addressing Headaches* Rebecca C. Burch, MD
11:15 am – 12:15 pm	Breast Cancer: Current Approaches to Diagnosis and Treatment Barbara L. Smith, MD, PhD	NAFLD: The Burgeoning Epidemic Sanjiv Chopra, MD, MACP
12:15 pm – 1:30 pm	<i>Lunch Break</i>	
1:30 pm – 2:30 pm	Diseases of the Foregut Kunal Jajoo, MD	Updates in Cancer Screening* John D. Goodson, MD
2:30 pm – 3:30 pm	ENT in 2017 R. William Mason, MD	Basic Orthopedics: Shoulder and Arm Thomas J. Gill, MD
3:30 pm – 3:45 pm	<i>Afternoon Break (refreshments provided)</i>	
3:45 pm – 4:45 pm	Preoperative Evaluation* Meridale V. Baggett, MD	Allergy Medicine in 2017 James A. MacLean, MD
4:45 pm – 5:45 pm	Common Eye Problems Claudia U. Richter, MD	Differential Dx of Polyarthritis Robert P. Friday, MD, PhD

* Meets criteria for Risk Management credit in Massachusetts

Program changes/substitutions may be made without notice. To view the most up-to-date version of the course program, please visit the course website.

DISCLOSURE POLICY: Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Register at GIMS.HMSCME.com

Agenda

	Friday, January 27	WHO SHOULD ATTEND
7:00 am – 7:30 am	Continental Breakfast	<ul style="list-style-type: none">• Physicians• Surgeons• Nurse Practitioners• Advanced Practice Nurses• Physician Assistants <p><i>Specialists from all disciplines can rely on this program for updates in general medicine that impact day-to-day practice, clinical decisions, and patient care</i></p>
7:30 am – 8:00 am		
8:00 am – 9:00 am	Management of Hypertension: Updates for Specialists John D. Goodson, MD	
9:00 am – 10:00 am	Case Studies of Common Thyroid Problems Gilbert H. Daniels, MD	
10:00 am – 10:15 am	<i>Morning Break (refreshments provided)</i>	
10:15 am – 11:15 am	Pain Management* Nancy B. Kurtz, MD	
11:15 am – 12:15 pm	Lower Back Pain* Joanne Borg-Stein, MD	
12:15 pm – 1:30 pm	Program adjourns	

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 36.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMERICAN ACADEMY OF FAMILY PHYSICIANS

This Live activity, Update in General Internal Medicine for Specialists, with a beginning date of 01/23/2017, has been reviewed and is acceptable for up to 36.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in medicine for 5.00 credits of Risk Management Study. This includes 3.00 credits of Opioid Education and Pain Management Training. Please check with your individual state licensing board requirements before claiming these credits.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union Of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

ABMS/ACGME COMPETENCIES

This course is designed to meet the following American Board of Medical Specialties and Accreditation Council of Graduate Medical Education competencies: patient care and procedural skills, medical knowledge, practice-based learning and improvement, interpersonal and communication skills, professionalism, and systems-based practice.

IOM COMPETENCIES

This course is designed to meet the following Institute of Medicine competencies: apply quality improvement, utilize informatics, provide patient-centered care, work in interdisciplinary teams, and employ evidence-based practice.

Register at GIMS.HMSCME.com



HARVARD MEDICAL SCHOOL

Updates in General Internal Medicine for Specialists 2017

(Course #732253-1702)

	Register after December 15, 2016	Register on or before December 15, 2016
Physicians	\$1,695	\$1,595 (SAVE \$100)
Allied Health Professionals and Residents/Fellows	\$1,595	\$1,495 (SAVE \$100)

Tuition includes continental breakfast, morning and afternoon refreshments, and a special reception on Tuesday evening, January 24.

All attendees of Updates in General Internal Medicine for Specialists 2017 will receive a flash drive containing course materials. You can purchase a printed copy of these materials at the time of registration for \$50, or on site at the course for \$90.

REGISTRATION, PAYMENT, CONFIRMATION AND REFUND POLICY

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website.

At the end of the registration process, a \$5 non-refundable processing fee will be added to your registration, and you will have the choice of paying by check or credit card (Visa, MasterCard, or American Express). If you are paying by check, the online registration system will provide you with instructions and a printable form for remitting your course fees by check. Postal, telephone, fax, and cash-payment registrations are not accepted. Fees shown in USD.

Upon receipt of your paid registration, an email confirmation from the HMS DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks prior to the start of the course. Refund requests must be received by postal mail, email, or fax. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the conference has started.

VENUE

The Fairmont Copley Plaza
138 St. James Avenue
Boston, Massachusetts 02116
617-267-5300



ACCOMMODATIONS

A limited number of rooms have been reserved at the Fairmont Copley Plaza Boston until December 31, 2016. You can call the hotel directly to make a room reservation: 617-267-5300. Please specify that you are enrolled in this activity to receive a reduced room rate of \$230 per night single/double occupancy. You can also make your discounted reservation online by going to the course website at GIMS.HMSCME.com by December 31, and clicking on the course-specific reservation link on the Venue page.

Please do not make non-refundable travel arrangements until you have received an email from our office confirming your paid registration.

QUESTIONS?

Call 617-384-8600 Monday-Friday 9am – 5pm EST or e-mail CEPrograms@hms.harvard.edu.

Register at GIMS.HMSCME.com